A COURSE

IN

ABUNDANCE

&

HAPPINESS

JOURNAL

PART 17



with

PeggyLee Hanson

based on the works of

Charles Haanel, The Master Key System

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WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, "As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. "

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of <u>Courageous Women Publications</u>, a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

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"You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude."

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.



Date					

The Master Key System 17:1-4

$\hbox{\it ``The vibrations of mental forces are the finest and consequently the most powerful in existence. To}$	those who perceive
the nature and transcendency of mental force, all physical power strikes into insignificance."	

deepest concentrated effort, is no match, even for Hercules. Record below how your concentrated thes is a stronghold for manifesting your dreams and goals				

My Thoughts	Date



Date		

The Master Key System 17:5-11

Concentration is much misunderstood; there seems to be an effort or activity associated with it, when just the contrary necessary Such concentration leads to intuitive perception and immediate insight into the nature of the object oncentrated upon."					
Haanel uses the example of how an actor places himself inside the character he is playing to come across as that person. What character do you need to portray to become the person, to be, to have, all that you desire?					
person. What character do you need to portray to become the person, to be, to have, an that you desire:					
	e person, to be, to have, all that you desire?				

My Thoughts	Date

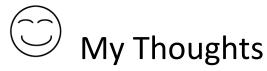


Date		

The Master Key System 17:12-17

"The mind may place the ideal a little too high and fall short of the mark; it may attempt to soar on untrained wings and instead of flying, fall to Earth; but that is no reason for not making another attempt." What is the thought you desire to bring to life? The more persistent you are, and the more concentrated effort you employ, will take you "into a realization of the joy" Record your concentrated thoughts below.						
	rtake you mito are		y Necora you	concentrated in	oughts below.	

My Thoughts	Date

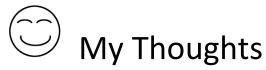


Date		

The Master Key System 17:18-20

	the power, the dyr	namo, of your m	ind to overcome	the "conflict betwe	en the higher and
?					

My Thoughts	Date



Date		

The Master Key System 17:21-27

"If you concentrate on some matter of importance the intuitive power will be set in operation, and help will come in the
nature of information which will lead to success."

thts received from your uncons	scious mind.	

My Thoughts	Date



Date			

The Master Key System 17:28-32

"Premature wealth or position cannot be retained because it has not been earned; we get only what we give, and those
who try to get without giving always find that the law of compensation is relentlessly bringing about an exact
equilibrium."

How often do you look for a freebie, a deal where you pay nothing to get something? Have your thoughts changed due to the increased knowledge and awareness in the law of cause and effect? Contemplates this idea for a moment, and then, begin to record your thoughts below.?				
and then, begin to record your thoughts below.				

My Thoughts	Date

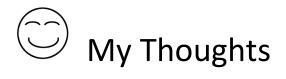


Date			

The Master Key System 17:33-37

"If you wish to eliminate fear, concentrate on courage. If you wish to eliminate lack, concentrate on abundance. If you wish to eliminate disease, concentrate on healthThought is the property of those who can entertain it." Your assignment this week is to simply concentrate. No concerted effort is required. "Let the thought dwell upon your object, until it is completely identified with it, until you are conscious of nothing else." Record your results below.				

My Thoughts	Date



Date						

You have come to the end of Part 17. Look at all the deep work you've accomplished! You're doing great!						
Breathe. Breathe.						

My Thoughts	Date