A COURSE

IN

ABUNDANCE

&

HAPPINESS

JOURNAL PART 14



with

PeggyLee Hanson

based on the works of

Charles Haanel, The Master Key System

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WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, "As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. "

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of <u>Courageous Women Publications</u>, a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

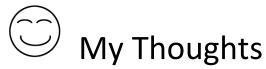
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"You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude."

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.



Date		

The Master Key System 14:1-5

We get results in exact accordance with our understanding of the law and our ability to make the proper application. We secured no results until someone formulated the law and showed us how to apply it." Place yourself in the role of researcher or scientist. What law in your existence do you wish to prove or formulate nat will take you to the next level of achieving your dreams and goals? A few examples might be the law of confidence ne law of self-esteem, or the law of money manifestation.						

My Thoughts	Date

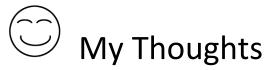


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The Master Key System 14:6-10

creative power does not originate in the individual, but in the Universal, which is the source and fountain of all energy and substance, the individual is simply the channel for the distribution of this energy." Have you ever felt as if you carried out some sort of Divine Order? Perhaps it was becoming a mother or teacher? Sit					
with this idea for a moment, and then log					

My Thoughts	Date



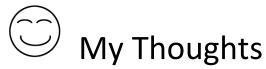
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The Master Key System 14:11-15

"Each cell is born	, reproduces itself,	dies and is absorbed.	The maintenance	of health and li	ife itself depend:	s upon the
constant regener	ration of these cells	5."				

This is how you are, yes? An idea is a thought that is generated, manifests itself, and when the idea expires, it dies not is absorbed into memory. The subconscious mind goes about its business until the conscious mind changes the rajectory. What thoughts and patterns of thought can you begin to change the direction of your life?					

My Thoughts	Date



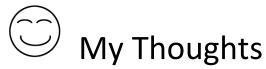
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The Master Key System 14:16-22

"We find that every man is the	e reflection of the thought he ho	as entertained during his	lifetime. This is stamped	d on his
face, his form, his character, h	his environment."			

You may have noticed this about a relative, a parent, or aunt and uncle. The hard lines on their face, symbolizing a life of stress or hard work. You may see it by the hunched back, the clothes they wear. Place yourself in front of a mirror a full-length one, if possible. With the same objectivity given to others, what do you see in yourself, in your reflection?								
	Vrite your findings below and any thoughts that bubble up.							

My Thoughts	Date



Date		

The Master Key System 14:23-28

"If you enter into the discipline necessary to bring about a radical change in your life, you must do so deliberately, after giving the matter careful thought and full consideration, and then you must allow nothing to interfere with your						
decision." Well, okay then. Here is your chance. What do you want to change in your life? What will you do to make it so?						
contemplate the change, and then, below, record in detail what you will do.						

My Thoughts	Date

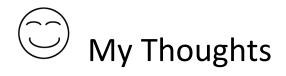


Date		

The Master Key System 14:29-31

"If you wish harmonious conditions in your life, you must develop a harmonious attitude. Your world without will be a reflection of your world within."					
Your assignment this week is to concentrate on being in harmony with everything that which surrounds youinsi	dε				
and out. Write your thoughts below each time you enter into Harmony.					

My Thoughts	Date



Date				

You have come to the end of Part 14. Look at all the deep work you've accomplished! You're doing great!					
Breathe. Breathe.					

My Thoughts	Date