

A COURSE
IN
ABUNDANCE
&
HAPPINESS
JOURNAL
PART 14



with

PeggyLee Hanson

based on the works of

Charles Haanel, *The Master Key System*

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WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, “As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. “

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of [Courageous Women Publications](#), a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

[Email](#) [Website](#) [Facebook](#) [LinkedIn](#) [YouTube](#) [Amazon](#)

“You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude.”

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.



My Thoughts

Date _____

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My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

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My Thoughts

Date _____

The Master Key System 14:16-22

"We find that every man is the reflection of the thought he has entertained during his lifetime. This is stamped on his face, his form, his character, his environment."

You may have noticed this about a relative, a parent, or aunt and uncle. The hard lines on their face, symbolizing a life of stress or hard work. You may see it by the hunched back, the clothes they wear. Place yourself in front of a mirror, a full-length one, if possible. With the same objectivity given to others, what do you see in yourself, in your reflection? Write your findings below and any thoughts that bubble up.

Handwriting practice lines consisting of multiple horizontal blue lines spaced evenly down the page.



My Thoughts

Date _____

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My Thoughts

Date _____

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My Thoughts

Date _____

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