

A COURSE
IN
ABUNDANCE
&
HAPPINESS
JOURNAL
PART 1 1



with

PeggyLee Hanson

based on the works of

Charles Hannel, *The Master Key System*

Copyright © 2023 Peggy Lee Hanson. All rights reserved. No portion of this book may be reproduced mechanically, electronically, or by any other means, including photocopying, without written permission of the publisher. It is illegal to copy this book, post it to a website, or distribute it by any other means without permission from the publisher.

Limits of Liability and Disclaimer of Warranty

The author and publisher shall not be liable for your misuse of this material. This book is strictly for informational and educational purposes.

Warning – Disclaimer

The purpose of this book is to educate and entertain. The author and/or publisher do not guarantee that anyone following these techniques, suggestions, tips, ideas, or strategies will become successful. The author and/or publisher shall have neither liability nor responsibility to anyone with respect to any loss or damage caused, or alleged to be caused, directly or indirectly by the information contained in this book.



WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, “As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. “

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of [Courageous Women Publications](#), a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

[Email](#) [Website](#) [Facebook](#) [LinkedIn](#) [YouTube](#) [Amazon](#)

“You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude.”

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.



My Thoughts

Date _____

Lined writing area with 35 horizontal blue lines.



My Thoughts

Date _____

The Master Key System 11:9-12

“A well-defined lawful want, therefore, furnishes the reason for the more complex operations of nature.”

Think of the above quote in this way: Someone once dreamed of a personal, hand-held device that would offer worldwide communications. Yet, how could something so outrageous become? Today many cannot live beyond their devices. A need had been created... “the need for more complex operations of nature.”

What do you wish to create and how could you also create the need, the must-have mindset culture of the world?

Lined writing area for student response.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

The Master Key System 11:13-19

"Here we find a method, the spirit of which is, to believe that what is sought has been accomplished, in order to accomplish it..."

Starting with a small request, concentrate your thoughts on an event. For instance, "Today I received money in the mail." or "I am on Oahu, celebrating my birthday." Write as many items as you can below as if you've already received them.

Lined writing area consisting of multiple horizontal lines for text entry.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

The Master Key System 11:30-34

“All that is required is an understanding of certain definite fundamental principles and their proper application.”

Self-contemplation. Wisdom. Humility. They lead to receive all of which you desire. List below additional principles necessary for you to achieve your dream.

A series of horizontal lines for writing.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

You have come to the end of Part 11. Look at all the deep work you've accomplished! You're doing great!

Breathe. Breathe. Breathe.

A large area of the page containing 30 horizontal blue lines for writing, providing space for the user to record their thoughts.



My Thoughts

Date _____

A series of horizontal blue lines for writing.

