

A COURSE  
IN  
ABUNDANCE  
&  
HAPPINESS  
JOURNAL  
PART 7



with

**Peggy Lee Hanson**

based on the works of

**Charles Hannel, *The Master Key System***

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## WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, “As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. “

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of [Courageous Women Publications](#), a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

[Email](#) [Website](#) [Facebook](#) [LinkedIn](#) [YouTube](#) [Amazon](#)

*“You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude.”*

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.





# My Thoughts

Date \_\_\_\_\_

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# My Thoughts

Date \_\_\_\_\_

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# My Thoughts

Date \_\_\_\_\_

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# My Thoughts

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# My Thoughts

Date \_\_\_\_\_

The Master Key System 7:24-27

*“Concentrate on things you want...Think of abundance; idealize the methods and plans for putting the Law of Attraction into operation.”*

Examine where your thoughts and attention have been. Do you continue to grow in debt by adding debt? Are your eating habits out of control because deep down you are afraid that once you begin a diet you already feel the lack of foods you love to eat? What results do you wish to see in your personal life? How can you change your thoughts there?

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# My Thoughts

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# My Thoughts

Date \_\_\_\_\_

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# My Thoughts

Date \_\_\_\_\_

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# My Thoughts

Date \_\_\_\_\_

***You have come to the end of Part 5. Look at all the deep work you've accomplished! You're doing great!***

***Breathe. Breathe. Breathe.***

Lined writing area consisting of 32 horizontal blue lines for taking notes.



# My Thoughts

Date \_\_\_\_\_

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