A COURSE

IN

ABUNDANCE

&

HAPPINESS

JOURNAL

PART 6



with

PeggyLee Hanson

based on the works of

Charles Hannel, The Master Key System

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WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, "As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. "

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of <u>Courageous Women Publications</u>, a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

Email Website Facebook LinkedIn YouTube Amazon

"You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude."

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.



Date			
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The Master Key System 6:1-7

"The Universal Mind is so wonderful that it is difficult to understand its utilitarian powers and possibilities and its unlimited producing effects."

Haanel goes on to say that this Mind is not only all intelligence but all substance as well. And then, the questions are asked. "How then is it to be differentiated in form?" "How are we to secure the effect which we desire?" "What effect can be produced by thoughts?"

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The Master Key System 6:8-11

"The effects which are produced in the world without are the result of the action and reactions of the individual upon	n the
universal; that is the process which we call thinking"	

Haanel goes on to say here that the brain is an "embryonic world, ready to develop" What are your thoughts surrounding the statement? Do you believe, do you have the faith and fortitude, to make this a scientific fact?
Remember, if you do, the understanding of how extraordinary results are accomplished will come with ease.

My Thoughts	Date



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The Master Ke	w Syctom	6.12-14	

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the 'Temple of the living God' and the individual 'I' is given control Within his control will the results depend." While you read items 12 and 13 you may have been able to visualize your nervous system and spinal cord, watching
Il the moving parts coursing through your body. Read the paragraphs again. Record all your feelings. For instance, you
nay have felt a tingling sensation when the blood supply plunged through the veins and arteries.

My Thoughts	Date



The Master	Kev S	vstem	6:15-	18

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"if the thought is sufficiently refined and concentrated, the substance finally yields and expresses" Imagine. One thought, any thought that can dispel and eliminate any unwarranted or undesirable effect! The power
of discernment we possess in making decisions is infinite. While looking within, which forces will help you to elevate the
vibration, creating a life you deserve? Record all your thoughts below. Remember to not edit your responses.

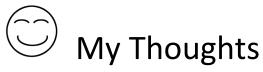
My Thoughts	Date



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The Master Key System 6:19-25

" through attention that you will finally be able to overcome obstacles of any kind that appear in your path onward
and upwardthe only way to acquire this wonderful power is by practice"
Even though this is where this week's assignment is introduced, it is imperative for you to read and reread these
particular paragraphs. Let them permeate and settle into your body, mind, and soul. Let your thoughts pour through as
you do this, recording them below.



Date	

The Master Key System 6:26-29

"A single idea may be worth millions of dollars, and these ideas can only come to those who are receptive, who are
prepared to receive them, who are in a successful frame of mind."
How will you open up and prepare your mind to receive the riches you desire and deserve?



Date		

The Master Key System 6:30-34

"Men are learning to place themselves in harmony with the Universal Mindand this is changing conditions and multiplying results."	
Since beginning this program, what have you noticed that has changed in your world? Where have you gotten in	
sync, in harmony? Have your results begun to multiply? Record all that which comes to mind.	
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My Thoughts	Date



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You have come to the end of Part 5. Look at all the deep work you've accomplished! You're doing great! Breathe. Breathe. Breathe.

My Thoughts	Date